

M4+ Podcast
MADE FOR COMMUNITY:
A SEAT AT THE TABLE
Study Guide

BIBLE VERSE

Romans 15:7 (NIV)

“Accept one another, then, just as Christ accepted you, in order to bring praise to God.”

QUESTIONS FOR REFLECTION

1. Think of a time when you felt like an outsider. What helped you feel safe enough to be yourself, and what made you withdraw? How might that experience shape the way you welcome others?
2. We were created for relationship, yet many people around us feel unseen or excluded. Who in your everyday life might be waiting for someone to notice them and make room for them?
3. The Christian story unfolds around tables: Jesus welcomed people at the table, the early church shared meals in their homes, and Revelation points toward the wedding supper of the Lamb. What could your own table reveal about God’s welcome?

AN UNCOMFORTABLE QUESTION

If your table tells the truth about whom you have made room for, does it show a life shaped by God’s mission, or mainly a safe circle of people who already belong?

CHALLENGE

This week, invite one person to lunch or dinner who may feel overlooked, new, lonely or outside your usual circle. Keep it simple. The meal does not need to impress anyone.

Before they arrive, pray that your home would feel safe and that your guest would feel seen.

During the meal, listen well and resist the urge to fix or perform. Afterward, ask God whether this invitation should become the beginning of an ongoing relationship.

PRAYER

Father,

Thank You for welcoming me and making room for me at Your table.

Open my eyes to those around me who feel unseen, lonely or left out. Give me the courage to make room for them as You have made room for me.

May my table, my friendships and my life reflect Your love. Teach me not only to find community, but to create it.

Amen.